

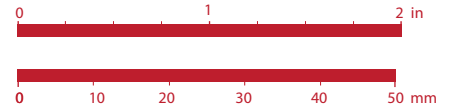
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too good to waste...

Your ring should fit your finger comfortably. It should be a snug fit that is not too loose to fall off, but loose enough to slide over your knuckle easily. When measuring your finger to determine your ring size, please bear in mind that finger sizes change depending on certain factors.

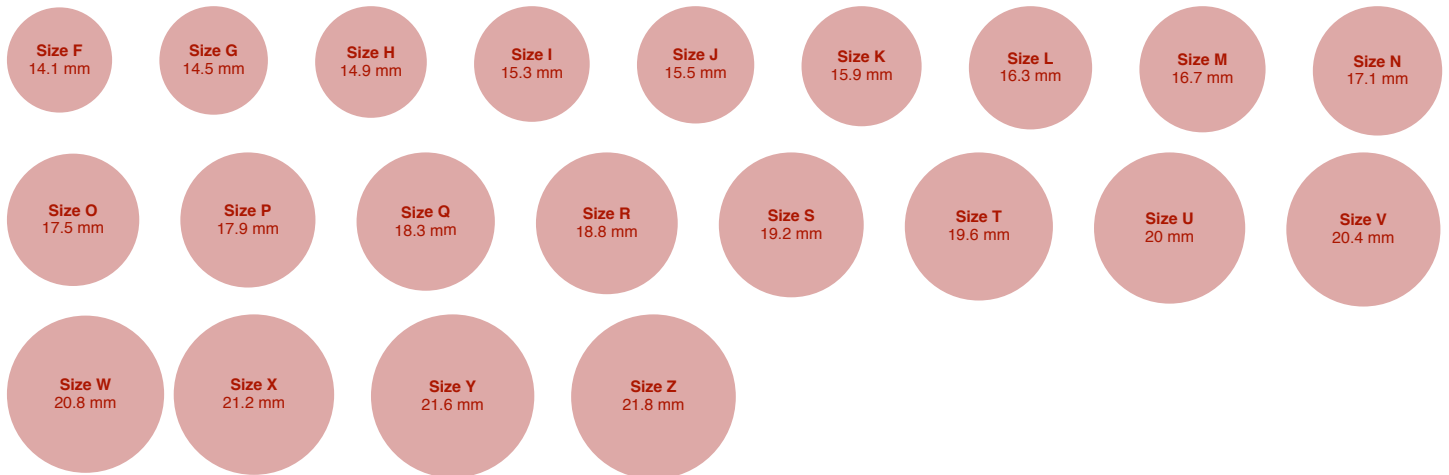
Temperature, humidity and exercise can all temporarily alter your finger size. Don't measure your fingers after showering or being outdoors in cold weather. For the best fit measure your fingers at normal room temperature, towards the end of the day. If you have prominent finger joints, then please take these into account when taking your measurements. For women, please bear in mind that your menstrual cycle can also affect your finger size slightly or dramatically due to water retention.

Firstly please print this document at 100%, making sure that any page scaling is set to 'None' within your printer settings. Check the measurements in the diagram on the right with a ruler to make sure they are correct - the bars should measure 2inch and 50mm. Then choose either of the methods below to determine your ring size - either by diameter or circumference.



Using the ring chart below to determine your ring size by diameter:

1. Select a ring that snugly fits the intended finger.
2. Place the ring over the circle below and match the **INSIDE** edge of the ring to the circle nearest in size (if the ring falls between two sizes, it's best to opt for the larger size).



Using the ring sizing gauge below to determine your ring size by circumference:

1. Cut out the gauge with scissors and then cut a small slit between the arrows as indicated.
2. Fold the paper ring gauge around your finger and feed the point through the slit from underneath.
3. Pull the gauge tightly around your finger and read the measurement on the gauge which is closest to the slit (you want the letter that is actually half in and half out of the slit).

